

# Swamp Fox Festival

5K Run, 5K Fun Walk  
September 12, 2009 8:00 am

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone #: \_\_\_\_\_ Age on September 12, 2009: \_\_\_\_ Gender: (circle one) M/F

T-Shirt Size: (circle one) S M L XL XXL

## Fees:

**Postmarked by August 28th	\$18	**CVRA members
**Postmarked by September 4th	\$20	receive \$2.00
After September 4th	\$22	discount
ALL RACE DAY REGISTRATIONS	\$25	

**Make Checks Payable To: Swamp Fox Run, 4500 Tenth St., Marion, IA 52302**

Runners' Age Groups: Male and Female (Please circle one)

14 & under	15-19	20-24	25-29	30-34	
35-39	40-44	45-49	50-54	55-59	60 & over

Awards: Awards will be presented to the top male and female overall finishers. Awards will also go to the top 3 finishers in each age group.

Race Course: Race starts in downtown Marion adjacent to the Depot Pavilion at 6<sup>th</sup> Avenue and 10<sup>th</sup> Street. The course is mostly flat with a few rolling hills towards the end.

Packet Pick-Up and Registration: Registration and packet pick-up is at the caboose adjacent to the Depot Pavilion in Marion Square Park on Friday, September 11<sup>th</sup> from 3:30-6:30 pm and on Saturday September 12<sup>th</sup> from 7:00-7:45 am. Any questions call Gretchen at 319-377-1198 or email at [glawyer1@mchsi.com](mailto:glawyer1@mchsi.com).

Waiver: I hereby release the Swamp Fox Festival, all volunteers and sponsors from the responsibility for any illness or injury, which may be sustained while I am participating in the 5K event. By signing below, I am signifying that I am in proper physical condition to participate in this event. I hereby affirm that I am 18 years of age or older, I have read this document, and understand its contents. (Parent of guardian must sign if participant is under age 18)

\_\_\_\_\_  
Signed

\_\_\_\_\_  
Date