

# Osborne 5K Off Road Fun Run/Walk 9AM Sat., Sept. 18, 2010



Run or walk trails at the Osborne Center, crossing the Volga River. Plan on getting wet and muddy!

All participants receive a race day t-shirt.  
For more information, call 563-245-1516.  
For a registration form:  
go to [www.claytoncountyconservation.org](http://www.claytoncountyconservation.org) or [fitnesssports.com](http://fitnesssports.com)

Osborne  
Conservation Center

Located 5 miles south of  
Elkader IA on Hwy 13

- **Please send registration and payment to:**

Clayton CCB  
29862 Osborne Rd  
Elkader IA 52043

- **Entry Fee:**  
\$10 through 9/1  
\$15 day of run/walk

## Registration Form

Last Name \_\_\_\_\_ First Name \_\_\_\_\_  
Street Address \_\_\_\_\_ City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_  
Telephone # \_\_\_\_\_ Email \_\_\_\_\_

Age Category (circle one) \_\_\_\_\_ Walker Gender: M / F  
11 & under 12-18 \_\_\_\_\_ Runner T-shirt size: S M L XL XXL  
19-29 30-39  
40-49 50-59  
60-69 70+

### Waiver must be signed:

I understand there are inherent risks in participating in any road race. In consideration of the acceptance of my entry, I, for myself, my executors, administrators and assignees, do hereby release, and discharge, the Osborne Road Race Committee, the county of Clayton, any sponsors, supporters or volunteers, for all claims and damages, demands, actions, whatsoever in any manner arising or growing out of my participation in the Osborne 5k Off Road Fun Run/Walk. I attest and verify that I have full knowledge of the risks involved in this event, am physically fit, and sufficiently trained to participate in this event.

Signature (parent if under 18)

Date