



**37th ANNUAL THANKSGIVING DAY TURKEY TROT RUN-- 2 1/2 MILE AND 7 1/2 MILE**

Date: **Thursday, November 26, 2009**  
 Time: **9:00 a.m. (Both 2.5 and 7.5 races start at 9:00)**  
 Place: **Wahlert Catholic High School, Dubuque, Iowa**  
 Course: 2 1/2 mile - one loop returning to Wahlert  
 7 1/2 mile - one loop returning to Wahlert  
 Entry Fee: \$8.00. Cash or a Check payable to Wahlert High School  
 T shirts: Long sleeved T-shirts will be available for purchase the day of the run.  
**T-shirts can be reserved by indicating size(s) on the entry and include \$15.00 per shirt with the pre-registration.**  
 Awards: A turkey will be awarded to the first place finisher in each age division in the 2 1/2 and 7 1/2 mile race. Donuts and bagels available. Drawing for door prizes.  
 Check In: November 26, 8:00 - 8:45 a.m.  
 Mail Entry to: Tim Berning (or bring the day of the run)  
 Wahlert Catholic High School  
 2005 Kane Street  
 Dubuque, Iowa 52001 Phone 563-583-9771  
 E-mail address for inquiries is: turkeytrotDubuque@gmail.com

**THE 37th ANNUAL THANKSGIVING DAY TURKEY TROT RUN**

Circle one in each category only.

<b>RUN:</b>	2 1/2 mile	7 1/2 mile	<b>Sex:</b>	Men	Women			
<b>DIVISION:</b>	grades 1 - 8	grades 9 - 12	18-23	24-29	30-39	40-49	50 -59	60 +

Name (please print) \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ Same address as last year? Yes \_\_\_\_\_ No \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**RESERVED T-SHIRT SIZE (if pre-paid) :** Small Medium Large X Large XXLlarge

**WAIVER**

In consideration of the foregoing, I, for myself, my heirs, my executors, administrators, and assignees, do hereby waive and release any and all rights and claims for damages I may have against Wahlert High School, Wahlert Cross Country and Track & Field Teams, Holy Family Schools, City of Dubuque, Dubuque County, and any and all participating sponsors and supporters, for all claims of damages, demands, actions whatsoever in any manner arising or growing out of my participation in said run known as the Turkey Trot. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_

(Required if under 18 years of age)

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**Run:**            2 1/2 mile                      7 1/2 mile                      **Sex:**                      Men                      Women

**Please Print**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

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