

WALKERS
 8am Registration
 9am Walk In / Outdoor
 11am Awards



OPENING DOORS
 Maria House • Teresa Shelter
Empowering Lives

RUNNERS
 8am Registration
 9am Kids Run / 5K Race
 10am Awards

5K Race
Walk and Kids Fun Run
Saturday May 1, 2010 Clarke College Kehl Center
WWW.OPENINGDOORSRACE.COM

Fun for the entire family!
 Complimentary food and drink provided.
 Kids who register enjoy the following activities: bounce house, go fish, face painting, snacks and more!

Walkers (Runners use back of this form)

<p>BEFORE April 23</p> <p>Children 12 and under \$1 Adults (age 13 and up) \$20 T-shirt Included with Adult Registration</p>	<p>AFTER April 23</p> <p>Children 12 and under \$2 Adults (age 13 and up) \$25 T-Shirt Not Guaranteed</p>
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Yes! I would like to WALK to support Opening Doors programs.

WALK Registration Form (One Person Per Form)

Runners Use Back of this Form

Early Registration Deadline is Friday April 23, 2010. Registration is allowed the day of the event.

Today's Date _____ Name _____

Address _____ City _____ State _____ Zip _____

Phone _____ E-mail _____

T-shirt Included with each adult registration paid by April 23, 2010. Please circle size below.

Youth Small Youth Medium Youth Large Adult Small Adult Medium Adult Large Adult XLG Adult XXL

Yes! I will be bringing _____ (number) children under age 12. \$1 entry fee per child if paid before April 23, 2010. After April 23 kids activities are \$2 per child under age 12.

To purchase additional t-shirts for \$10 complete the section below. Must be ordered and paid before April 23, 2010.

Shirt Size (Include QUANTITY on the line):

____ Youth Small / ____ Youth Medium / ____ Youth Large / ____ Adult Small / ____ Adult Medium / ____ Adult Large / ____ Adult XLG / ____ Adult XXL /

Registration Fee _____ + Extra T-Shirt Fee (s) _____ + Child Fee (s) _____ = Total _____

I understand that my consent to these provisions is given in consideration of the acceptance of this registration and for being permitted to participate in this event. I am a voluntary participant in this event and in good physical condition. I hereby assume full responsibility for any injury or accident which may occur during my participation, or my children's participation, in this event or while on the premises of this event and I hereby release and hold harmless and covenant not to file suit against Clarke College Kehl Center, its local affiliates and any affiliated individuals, local affiliates and any affiliated individuals, or Opening Doors, its local affiliates and any affiliated individuals, the MVRA, its local affiliates and any affiliated individuals. I give my full permission to Opening Doors, and sponsors to use any photographs, videotapes or other recordings of me that are made. I understand my children must be accompanied by an adult.

Signature _____ Date _____

Mail completed form and fees by **Friday April 23, 2010** to Opening Doors, Run / Walk, 1561 Jackson St, Dubuque, IA 52001. You may email questions to dholthaus@openingdoorsdbq.org or call 563-582-7480. Additional form/ team forms may be downloaded at www.openingdoorsrace.com. Registration is allowed the day of the event. See fee schedule above.

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RUNNERS (Walkers use back of this form)

<p>BEFORE April 23</p> <p>Kids 1/2 Mile Fun Run 12 and under \$5 Adults (age 13 and up) \$25 T-shirt Included with <u>Adult</u> Registration</p>	<p>AFTER April 23</p> <p>Kids 1/2 Mile Fun Run \$10 Adults (age 13 and up) \$30 T-Shirt <u>Not</u> Available</p>
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Yes! I would like to RUN to support Opening Doors programs.

RUN / RACE Registration Form (Walkers use back of this form)
One Adult Per Form / Parental Consent Required if Under Age 18

Early Registration Deadline is Friday April 23, 2010. Registration is allowed the day of the event.

Today's Date _____ Name _____

Address _____ City _____ State _____ Zip _____

Phone _____ E-mail _____

Runners Age Division (please circle): Prizes awarded to the top 3 runners in each division.

Female	13-19	20-29	30-39	40-49	50-59	60+
Male	13-19	20-29	30-39	40-49	50-59	60+

T-shirt Included with each ADULT registration paid by April 23, 2010. Please circle size below.

Youth Small Youth Medium Youth Large Adult Small Adult Medium Adult Large Adult XLG Adult XXL

Kids 1/2 Mile Fun Run

Name _____ Age _____

\$5 fee includes Fun Run and kids activities but not a t-shirt. The Fun Run fee is \$10 after April 23, 2010.

To purchase additional t-shirts for \$10 complete the section below. Must be ordered and paid before April 23, 2010.

___ Youth Small / ___ Youth Medium / ___ Youth Large / ___ Adult Small / ___ Adult Medium / ___ Adult Large / ___ Adult XLG / ___ Adult XXL /

Race Registration Fee _____ + Extra T-Shirt Fee (s) _____ + Child Fee (s) _____ = Total _____

I understand that my consent to these provisions is given in consideration of the acceptance of this registration and for being permitted to participate in this event. I am a voluntary participant in this event and in good physical condition. I hereby assume full responsibility for any injury or accident which may occur during my participation, or my children's participation, in this event or while on the premises of this event and I hereby release and hold harmless and covenant not to file suit against Clarke College Kehl Center, its local affiliates and any affiliated individuals, local affiliates and any affiliated individuals, or Opening Doors, its local affiliates and any affiliated individuals, the MVRA, its local affiliates and any affiliated individuals. I give my full permission to Opening Doors, and sponsors to use any photographs, videotapes or other recordings of me that are made. I understand my children must be accompanied by an adult.

Adult Signature/ Consent _____ Date _____

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