

PRESENTED BY:  
Goldies Ice Cream  
Shonne



SATURDAY JUNE 25  
CIARAD  
**FUN  
RUN** 2011  
PRAIRIE CITY, IOWA

**ABOUT CIARAD:**

Citizens in Action for Recreation Area Development is a non-profit organization raising funds to build a multi-purpose recreation facility in Prairie City.

**ABOUT THE RUN/WALK:**

CIARAD's 11th annual Prairie Fun Run/Walk will be held Saturday, June 25 in Prairie City, Iowa during the town's annual Prairie Days celebration. A 5K walk/run and 10K run will start at 7:30 a.m. and includes a scenic tour of the community and rural settings. The terrain is relatively flat and the road is open to vehicles, runners will be directed by volunteers and police.

**ENTRY FEE:**

- \$20.00 if registration is mailed by June 1.
  - \$30.00 if registration is mailed after June 1 or submitted on race day.
- Please do not mail registration after June 19.

T-shirts will be included for all pre-registered participants and available for late entrants while supplies last.

**CHECK IN & START LOCATION:**

Check in and late registration will be from 6:00 – 7:00 p.m. on Friday, June 24 and also from 6:30 – 7:00 a.m. on race day.

Friday evening check in/late registration will be located at the northeast corner of the town square.

Race day check in/late registration will be located near the finish line in the concession stands on the east side of the Prairie City Recreational Complex. The starting line will be located at the west end of the complex. The Prairie City Recreational Complex is located on the southwest edge of Prairie City adjoining Ashtyn Lane and S. Norris Street. Parking is available at the east end and also at the United Methodist Church (706 W. McMurray Street).

**AWARDS AND MEDALS:**

Awards ceremony will take place after the race and full results will be available at [www.fitnesssports.com](http://www.fitnesssports.com). First, second and third place medals will be awarded to the first three male and female finishers of the 5K and 10K in each of the following age divisions:  
13 & Under • 14 – 18 • 19 – 29 • 30 – 39 • 40 – 49 • 50 & up

**DIRECTIONS TO PRAIRIE CITY:**

Prairie City is located just 18 miles east of Des Moines on Hwy 163. From the east or west take Hwy 163 to Exit 18. From the north take Hwy 117.

**IF MORE INFORMATION IS NEEDED PLEASE EMAIL [M.KEITGES@HOTMAIL.COM](mailto:M.KEITGES@HOTMAIL.COM) OR CALL MOLLIE AT 515-994-9107**

**MAIL THIS FORM TO:**

CIARAD Inc,  
PO Box 462  
Prairie City, IA 50228  
(Do not mail after June 19)

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Age \_\_\_\_\_ Gender \_\_\_\_\_  
Phone \_\_\_\_\_  
Email \_\_\_\_\_

I am running the 5K \_\_\_\_\_ 10K \_\_\_\_\_  
I am walking the 5K \_\_\_\_\_

Adult T-shirt Sizes (circle one):  
S M L XL XXL

In consideration of your acceptance of this entry, I hereby for myself, my heirs, executors, and administrators waive any and all rights and claims for damages I have against individuals associated with this event, their agents, representatives, sponsors, the City of Prairie City, and their representatives, successors, for all and any injuries to me in this event. I attest and verify that I have full knowledge of the risks involved in this event and that I am physically fit and trained to participate. I also give permission to use my name and picture in any broadcast, telecast, or news article.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
(Parent/guardian must sign if runner is under 18 yrs of age)