



2nd Annual Phoenix 5K Run/Walk



When: Saturday, June 18th 2011, 8:00 am start

Check-in: 5 - 6 pm, June 17th @ the Phoenix, Neola, IA. & 7 – 8 am Race Day

Where: Arrowhead Park, Neola, IA

Why: Raise \$\$ for the Tri-Center CC Team and various Community Projects.

Cost: \$20 pre-registration (before June 11th) \$15 for kids 12 and under. \$25 after June 11th.

Race Start: 5K starts and ends at Delbert's Den

T-Shirts: Guaranteed if registered before June 11th. Limited supplies available race day.

Name of Runner: _____	Age: _____	M / F
Address: _____	City: _____	State: _____ Zip: _____
Phone: _____	Email: _____	
T-Shirt Size:	Childrens S M L	Adult: S M L XL XXL
Parent/Guardian (if under 18) _____	Phone: _____	
Emergency Contact Phone #: _____		
<p>Waiver must read and signed for acceptance to participate: I know that running is potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I assume all risks associated with running in this race including, but not limited to: falls, contact with other participants, the effects of the weather, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release Arrowhead Park, and Hoo Doo, their representatives and successors from all claims or liabilities of any kind of arising out of my participation in this even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. All fees are nonrefundable.</p>		
Signature: _____	Date: _____	

**Return forms to the Neola Area Community Center

or

Mail to:
Phoenix 5K,
PO Box 171,
Neola, IA 51559.

**THE BEST PLACE
TO FIND THE RACE**
RunningWall.com