

Lone Tree Chamber of Commerce -and- Lone Tree Cross County Teams
Present The

Lone Tree Fun Run

Date: Saturday, August 20, 2011

Schedule: 5K Run/Walk 7:30 AM
1-Mile Fun Run 8:30 AM
Race time may be delayed due to inclement weather.

Check In: Begins at 6:30 AM at Tank Park at the north end of Lone Tree. Parking will be in and around the park.

Age Division Awards: Awards to the top finishers in each age category and overall winner for men and women in the 5K Fun Run; 19 & under, 20-29, 30-39, 40-49, 50-59, 60 & over. Awards to the first place 1-mile male and female 12 & under and the first place male and female over 12. Awards to the first place 5K walker (male and female, no age bracket). **Walkers must walk the entire race.**

Post-Race Events: Awards and drawings for door prizes immediately following 1-mile event. The Lone Tree Fall Festival Parade will begin at 11:00 AM. Stick around for food and fun at the Lone Tree Fall Festival!!

Course: Join us on this run through the streets of Lone Tree.

ONE ENTRY PER PERSON~ENTRY FORM MAY BE COPIED~PLEASE PRINT

LONE TREE FUN RUN ENTRY FORM

ENTRY FEES (*received by Sat, Aug. 6*)
(Participants registering by this date are guaranteed T-shirt)

Name _____

Address _____

City _____ State _____

Zip _____ Phone _____

Age (race day) _____

Male or Female (circle one)

5K Run ___ 5K Walk ___ 1-Mile Run ___

Adult T-shirt Size:

S ___ M ___ L ___ XL ___ 2XL ___ 3XL ___

Youth T-shirt Size:

M ___ L ___

_____ \$16.00 5K Run/Walk

_____ \$10.00 1-Mile Fun Run

LATE ENTRY FEES (*received after Aug. 6*)

_____ \$20.00 5K Run/Walk

_____ \$14.00 1-Mile Run

_____ Total Amount

Please make checks payable to: **Lone Tree Fun Run**

I recognize the risks involved in any athletic event and hereby waive, release and hold harmless the CITY of LONE TREE, the LONE TREE CHAMBER of COMMERCE and its members, the Lone Tree Cross County Teams, all race directors, contributors and volunteers from any and all liability, claims and rights for damages from injuries growing out of, related to, or arising from participating in the Lone Tree Fall Festival 5K Fun Run/Walk or the 1-Mile Fun Run. I further hereby certify that I have full knowledge of the risks involved in this event and that I am physically fit to participate. If, however, I do require medical attention as a result of my participation in the above mentioned activities, I authorize the medical personnel associated with said events to provide such medical care as is deemed appropriate by such medical personnel.

Signature: _____ Signature: (Parent signature if under 18): _____

Date: _____ Parent name printed: _____

Parent's Phone Number: _____

Questions? Call Russ @ (319) 629-4222
or email rforbes@fmbankonline.com

Mail completed forms to: Lone Tree Fun Run
P.O. Box 609
Lone Tree, IA 52755