

RUNzing 10K Results

West Des Moines, Iowa May 21, 2011

Place	Name	Age	S	City	St	Club	Time	Pace
1	David Larson	39	M	West Des Moines	IO		42:48	6:54
2	Stephanie Mortenson	29	F	Urbandale	IO		43:54	7:04
3	Neil Franzen	37	M	milwaukee	WI		47:14	7:37
4	Jared Jones	37	M	West Des Moines	IO		48:22	7:47
5	Jim Schuman	61	M	Waterloo	IO		48:24	7:48
6	Caleb Schmitz	32	M	Des Moines	IO		50:20	8:07
7	Jill McGargill	30	F	west des moines	IO		51:39	8:19
8	Zane Robinson	23	M	West Des Moines	IA		51:42	8:20
9	Lisa Schwarte	40	F	West Des Moines	IO		54:44	8:49
10	Michele Loder	36	F	West Des Moines	IO		54:45	8:49
11	Joe Moore	35	M	West Des Moines	IO		54:59	8:51
12	Beth Jones	33	F	West Des Moines	IO		55:00	8:52
13	Dale Groh	46	M	Indianola	IO		58:22	9:24
14	Hillari Jennings	32	F	Ankeny	IO		58:32	9:26
15	Kristin Broers	32	F	West Des Moines	IO		58:37	9:27
16	Heather Morrison	28	F	Windsor Heights	IO		1:04:36	10:24
17	Angie Follis	32	F	Hartford	IO		1:04:39	10:25