2011 CVRA Fifth Season Races
Alliant Energy 8K Race • 5K Fun Run/Walk • Kids' Fun Run
July 4, 2011 • Cedar Rapids, Iowa • 7:00 a.m. 8k start

For more information, please visit *www.fifthseasonrace.com*

Gender M F

Race Entering 8K Run | 5K Run/Walk | Big Kids' Fun Run | Little Kids' Fun Run

Name (last name/first name)

Street Mailing Address

City **State** **Zip**

E-mail Address

Birth Date Month Day Year

Age on Race Day 7/4/11

Daytime Telephone Number - -

ALLIANT ENERGY 8K

GetMeRegistered.com
RACE CLEAN • LIVE GREEN

We encourage online registration!

Waiver: I hereby absolve and release the City of Cedar Rapids and its employees, the Cedar Valley Running Association, Alliant Energy, and all other sponsors, race directors and volunteers from any liability or injury claims whatsoever incurred by or against me during the aforementioned event. By signing below, I am also signifying that I am in the proper physical condition to participate in the 8K Run, 5K Fun Run/Walk, or Kids' Fun Run. If, however, as a result of my participation I require medical attention, I hereby give my consent to authorized medical personnel of CVRA Fifth Season Races to provide such medical care as is deemed necessary by such personnel.

Signature of Participant (parent/guardian if under 18)

_____ _____

Participant/Parent Guardian Date

Make Checks Payable to: The Fifth Season

Mail to: CVRA Fifth Season Races
P.O. Box 1341
Cedar Rapids, IA 52406-1341

Moisture Management T-shirts (circle one)

8k Run * 5K Fun Run/Walk

S M L XL XXL

Regular T-shirts (circle one)

Kids' Fun Run

Toddler (2-4) Youth S (6-8)

Youth M (10-12) Youth L (14-16)

Youth XL (18-20) Adult M

Registration Fees (nonrefundable)

8K or 5K entry postmarked by June 16……	**$25**
8K or 5K entry postmarked by June 29……	**$30**
8K or 5K entry on July 3, packet pickup day…….	**$35**
Kids' Fun Run entry postmarked by June 16…….	**$8**
Kids' Fun Run entry postmarked by June 29…….	**$10**
Kids' Fun Run entry on July 3 and 4…..……...	**$10**
CVRA member discount on or before June 29…….	**($2)**
Donation to CR Community Foundation…….	_____
Donation to Mercy Hospice House ……..	_____
Total Amount Submitted……...	_____

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