

2011 Ely Fall Fest

5K Race and 1 Mile Fun Run/Walk

Saturday October 1, 2011



These running events are part of the Ely Fall Fest with all proceeds directly supporting the city of Ely's Parks and Recreation Commission. Registration Forms are available at: www.elyiowa.com along with a complete line-up of the day's events. Register online at www.getmeregistered.com

Location: Race registration, check-in, start and finish are all near the Ely Community Center. Please note that Rowley Street will be closed between State and Main Streets the entire day for the races and other Fall Festival Events.

Race Times: The 5K race will start at 8:30 AM and the 1 Mile Fun Run/Walk at 9:30 AM. Race Day Registration will be from 6:30 – 7:45 AM. A Kiddie Dash will be held at 10:30 AM for kids 8 and under. No registration is required and there is no entry fee.

Race Packet pick up will be Friday September 30th from 4:00 pm – 7:00 pm at the Ely Community Center.

Awards: 5K Race - trophies will be awarded to the top male and female finishers and medals to top three finishers in each age division. (The top male and female finishers will not receive medals in addition to their trophies.)

An awards ceremony will be held at 10:00 AM near the Ely Community Center.

1 Mile Fun Run/Walk – Ribbons will be given to all participants under 12 and medals to top three finishers in each age division.

Registration: Pre-register by mail or online:

	5K	\$20.00 (includes shirt)	\$15.00 (No shirt option)
	1 Mile	\$15.00 (includes shirt)	\$10.00 (No shirt option)

Make checks payable to **City of Ely** and mail with registration form to: City of Ely, PO Box 248, Ely, IA 52227

Mailed registrations must be postmarked by September 21st. Online registration is available through September 28th. A moisture management shirt is included with the registration fees as listed above. All Pre-Registrations are non-refundable.

Race Day Registration:

	5K	\$25.00 (includes shirt)	\$20.00 (No shirt option)
	1 Mile	\$20.00 (includes shirt)	\$15.00 (No shirt option)

Shirts for race day registrants will be ordered following the event. Race day registrants requesting a shirt will be notified when their shirt is available and the registrant will be responsible for picking up their shirt at the Ely Community Center during normal business hours.

Door Prizes: All participating runners will be eligible for **door prizes**. Winners will be posted at approximately 9:15 am and prizes need to be claimed by noon. You must have your race number to claim door prize.

Information: For additional information call Dave Rasmussen at 319.329.2836 or elyparks@gmail.com

First Name: _____ **Last Name:** _____ **Age on Oct 1st:** _____

Address: _____ **Email:** _____ **Gender:** **M** **F**

City: _____ **State:** _____ **Zip:** _____ **Phone:** _____

Shirt Size:	Adult Sizes:	Small	Medium	Large	X-Large	XX-Large
	Child Sizes:	X-Small	Small	Medium	Large	

1 Mile Run/Walk Age Division: Under 6 7 – 9 10 – 12 13 – 15 16 – 18 19 and Up

5 K Race Age Division:

Under 12	13 – 15	16 - 19	20 – 29
30 – 39	40 – 49	50 – 59	60 and Up

Waiver: I hereby release the Ely Fall Fest, the City of Ely, all volunteers and sponsors from the responsibility for any illness or injury which may be sustained while I am participating in any of the events listed above. By signing below, I am signifying that I am in proper physical condition to participate in these events. I hereby affirm that I am 18 years of age or older, I have read this document and understand its contents. (Parent or legal guardian must sign if participant is under age 18). Further, I hereby grant full permission to use my name and any photographs, or other record of me participating in this event, for any publicity and/or promotional purposes without obligation of liability to me.

Participant Signature: _____ **Date:** _____

Parent / Guardian Signature: _____ **Date:** _____